

Aus IDentities®

"Awakening people to their true potential"



Aus IDentities

Selected Training Programs for
Schools, Community & Business Groups

www.ausidentities.com.au

Aus IDentities® – AN INTRODUCTION



The Aus IDentities program identifies differences between people and their perspectives on life, and then categorises and explains many of these patterns of behaviour. While similar systems have been used extensively throughout the world to help develop people's innate talents, Aus IDentities offers us a uniquely Australian perspective that people from all walks of life can easily identify with, by linking certain personality traits to the characteristics of some well known Australian native animals.

The original program was developed for use in schools to assist educators understand about different teaching and learning styles. Since that time Aus IDentities has also been introduced to the business and corporate world, and we now offer a selection of training programs that have been designed to meet the needs of the business community.

The Origins

Aus IDentities is a system that is based in part upon the four ancient Temperaments, which were re-introduced into the modern day public arena by American Psychologist Dr. David Keirsey. The benefits of understanding the different viewpoints, and learning and working styles of others is immense, not least because we are able to communicate better and anticipate other people's needs ahead of time.

More information on the four types is readily available from our [web-site](#) and because Aus IDentities has been designed to work in conjunction with existing resources and frameworks, such as the Jungian Functions and the Myers-Briggs Model of Type, we are confident that you will find something of benefit for your organisation. To find out more about the programs we offer, or to make a booking, please [contact us](#).

The Benefits

Through Aus IDentities you will begin to recognise and understand:

- ▶ Four different approaches to Work, Life & Learning
- ▶ Why people manage their time in different ways
- ▶ New ways to improve interpersonal communication
- ▶ How each of the different types reacts to stress
- ▶ Differentiated Learning strategies for the Classroom
- ▶ Develop skills to more effectively lead others
- ▶ How to maximise the potential of your team
- ▶ How to better retain and motivate your staff



Aus IDENTITIES® PROGRAMS FOR BUSINESS



Organisations are able to select from a list of programs that includes a variety of topics. Programs take anywhere from two-hours to two-days, and delivery is flexible to meet individual circumstances, including evening sessions, weekends or other suitable time frames. The following list is a selection of our most popular professional development programs for business, designed to give you and your team the edge in your professional lives. We are also able to adapt and individualise programs to incorporate other elements if required.

► Personalities in the Workplace

This one-day program introduces you to the four personality types at work. Gain a greater understanding of how each of the types interact and how you can best use their strengths within an organisation. We look at best qualities, core values and communication, as well as strategies for each of the types to develop as professionals within the work place. Understand the dynamics of the personalities at work and improve team performance.

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► Team Building & Leadership Skills

One or Two-Day program, on site or residential, looking at different leadership styles. Develop an understanding of the impact you are having on those working with and for you. Know when to use the carrot and when to use the stick and how to lead people in a more inclusive and effective way. Reduce staff turn-over and work more effectively as a leader.

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► Effective Communication Skills

Half or Full-Day exploration of the different ways in which people communicate. Get clear about how to get your point across, as well as understand what others are saying. Communication breakdown is one of the single biggest issues facing teams today. When you get it right you automatically improve your outcomes, both at home as well as in the workplace.

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► Career and Life Coaching

Delivered face to face and via Skype, as stand-alone or on-going sessions. When you are making decisions about your professional future, it makes sense to have some one alongside dedicated as much to your success as you are. A coach is about taking as much of the guess work as possible out of the sometimes tough decisions facing you in life and at work.

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"Since the program, the team's cohesiveness has increased dramatically, and there is a totally new level of trust and understanding underpinning day-to-day activities. These have all impacted positively on both productivity and team dynamics, resulting in a happier, more aligned and effective team"

Aus IDentities® PROGRAMS FOR SCHOOLS & COMMUNITY GROUPS



Address unwanted behaviour, improve communication and build better relationships. These programs are designed to fit in with full terms and hectic schedules, and are flexible in their delivery. Aus IDentities has been introduced to literally hundreds of schools and community groups, and we have over ten years experience of working with the job services network.

► Personalities in the Classroom

Learn to identify the different personalities, and introduce new strategies for teaching. These workshops are ideally suited to Classroom teachers, Principals, and anyone else involved in educating others. Delivered over one or two-days. (Days do not have to be consecutive).

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► Dealing with Unwanted Behaviour

'Games People Play' is a one-day program for teachers, trainers, counselors, guidance officers, facilitators and anyone else who is looking for a revolutionary new approach to dealing with inappropriate behaviour, both in the classroom and in the broader workplace.

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► Effective Communication Skills

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► Career Path Indicator

Half-day workshop on how to choose the right career path. This program Combines Temperament theory, values and career drivers, and builds upon a persons knowledge of how personality works. Students in grades 10-12, and adults have a chance to identify suitable paths, removing much of the guess work about what sort of career they might be suited to.

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"Aus IDentities has provided us with an effective tool that is simple to use and can quickly and accurately identify personality types, understand behavioural responses and recognise the learning styles of students... we have been able to select the most appropriate teaching strategies and classroom organisation to maximise student engagement in the learning process. Aus IDentities will revolutionise the way teachers view the learner and the way schools respond to student learning needs."

Aus IDentities® PROGRAMS FOR INDIVIDUALS, FAMILIES & COUPLES



Imagine the benefits from having deep understanding of yourself and everyone you interact with – improved communications; improved relationships with your partner, children, work-colleagues; improved time management; improved study techniques and many more.

Aus IDentities has already achieved great outcomes in counseling, coaching and career guidance and now includes coaching for interpersonal relationships with powerful results.

► Life Coaching for Individuals

To understand your true potential we recommend an interactive coaching program where you'll be guided through a step-by-step process of self-awareness and understanding.

► Career Coaching

Take the stress out of managing your promotion or career change and take more control of your professional future. Aus IDentities has their own Career Path Indicator to assist you in your choice of career or career change. Whether you are still at school or you have been in the workforce for years, if you are considering your future and wondering 'where to now?' Aus IDentities has something to offer you.

► Relationship Coaching:

Understanding how your core needs and values differ from your closet loved ones can be a real revelation. Often we make the mistake of believing that what is best for us, is also best for others. Aus IDentities clearly demonstrates this is not always the case.

► Positive Parenting:

Learn to understand your children at a deeper level. Giving them the support that they need early on in life has shown to have great benefits later in life, such as increased confidence and self-esteem and the ability to make better choices in their everyday lives, and also later on in life with their choice of careers.

► Self-Awareness & Life Skills Training:

A full day or weekend interactive, group workshop designed for families and friends, and people who work closely together, where we really get into the nuts and bolts of who we are and how we are different from others. Learn how personality is formed and develop specific strategies for growth. This is a transformational experience that will take you to the heart of what makes a person tick, and unravel some of the mysteries that are us.

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"Thank you for the unbelievable insight into our souls and for igniting a spark that will hopefully make us question (and perhaps not just accept) things and events that we may have just allowed to seep into our daily lives."

